

# La Mezavolta

August 2025, A.S. 60



*L'Academie  
Atlantienne  
de la Danse*

## Academie Officers

### Chancelier

Brigida d'Isenfir di  
Ponza

### Communications Officer

Looking for Volunteers!

### Track Coordinator

Magnifica Helena  
Hrolfsdottir  
(Penelope M.)

### Web Minister

Maestra Nicolosa de  
Misura  
(Kendra Schmid)

### Chronicler

Brigida d'Isenfir di  
Ponza



The Carolle in the Garden. Circa. 1490-1500. From Roman de la Rose. [https://commons.wikimedia.org/w/index.php?title=File:The\\_Carolle\\_in\\_the\\_Garden\\_-\\_Roman\\_de\\_la\\_Rose\\_\(c.1490-1500\),\\_f.14v\\_-\\_BL\\_Harley\\_MS\\_4425.jpg&oldid=1009352880](https://commons.wikimedia.org/w/index.php?title=File:The_Carolle_in_the_Garden_-_Roman_de_la_Rose_(c.1490-1500),_f.14v_-_BL_Harley_MS_4425.jpg&oldid=1009352880)

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# La Mezavolta

## August Notes from the Officers

*Contributed by the Officers of the Academie*

September University of Atlantia class proposal deadline is August 19! it will be held in the Canton of the Seven Hills (Lynchburg, VA) September 20 and virtually September 21. There will be both an in-person and a virtual dance track. If you are interested in teaching or for more information about the dance track, please contact the University Track Coordinator, Magnifica Helena Hrolfsdottir.

Updates are needed for the Dance Academie website! If you run a local dance practice, and do not see your name on the list of local dance practices on the website, please send an update to the Webminister, Maestra Nicolosa de Misura.

Articles for the September edition of La Mezavolta is August 25, please send all submissions to the Chronicler, Brigida d'Isenfir di Ponza. Note: Articles are easier for the Chronicler to process if it is in a pdf attached to an email. All other submissions can be submitted in whatever way is easiest for the sender.

The Academie will be conducting several surveys in the next month. The first will be for anyone who is an active member of the Academie, so there is a better idea of how many active members the Academie currently has, the second is to collect a list of dance masters who are willing to teach dancing at events, and the third is to collect a list of musicians who are willing to play music for dancing at events. For more information please contact the Chancellor, Brigida d'Isenfir di Ponza

*Contact information for the Officers can be found on the Academie's website:*  
<https://dance.atlantia.sca.org/officers.php>



Romano, Giulio. The Nine Muses. Circa 1540, Palazzo Pitti, Florence, Italy.  
[https://commons.wikimedia.org/w/index.php?title=File:Giulio\\_Romano\\_002.jpg&oldid=996423955](https://commons.wikimedia.org/w/index.php?title=File:Giulio_Romano_002.jpg&oldid=996423955)

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## Notes from the July 23, 2025 Meeting

*Contributed by Brigida d'Isenfir di Ponza*

### Fall University

- Helena is organizing the dance track, please talk with her if you are willing to teach a class

### University Classes for recording dances for the YouTube channel

- Class to teach and record Leoncello for the YouTube channel - Helena
- Tentative class to teach and record Gracca Amorosa or Contentezza d' Amor] (1600) - Brigida
- Other dance class recording ideas - Villanella, intermediate/advanced English Country
- Try to record some dance classes at every in person University
- Multiple dances can be recorded if they are English Country, bransles, or similar. Only one if Italian.
- Nicolosa will bring camera, mic, and Dance Academie banners

- Virtual mini lecture class, 3 15min lectures or brief dances - Annalena
- Dance master 101 class/teaching methodology class - save for February. University
- Tentative University classes: Canario class - Annalena
- Beginner dance classes in the morning, advanced in the afternoon

### Officer Reports

#### University Track Coordinator

- See Fall University section above

#### Web Minister

- Website has been updated, more updates will be made next week or after Pennsic
- We still have website, email list, facebook, youtube

#### Chronicler

- La MezaVolta has been revived. Will be published in large version 4x a year, but have a smaller version every month
- Hoping to get more photos in the larger version of the newsletter

#### Chancelier

- We have an Academie!



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## Old Business

- Find out who was the last person in charge of the dance cards, and work on reviving after Pennsic
- Dance Favor Revival - Isenfir will sew favors at our A&S night on the 4th Tuesday of September
- Communications Officer - Keep searching for someone after Pennsic, until then other officers will help with crossposting things from the email list

## Dance at Small Events

- Stierbach Baronial Birthday - Helena
- Think about other small events after Pennsic
- YouTube playlist of dance songs - wait until after Pennsic and maybe until we find a communications officer
- Figure out if there is any interest in dance comp/performance after Pennsic

## New Business

- Create a spreadsheet with available dancers and musicians for events, after Pennsic, maybe using Google forms

## Upcoming Events With Dance

September University

September 20-21

Canton of the Seven Hills  
Lynchburg, Virginia

In-person September 20, and virtual September 21.  
There will be a dance track at University. The class proposal deadline is August 19.

*If you know of an event that should be featured, please send it to the chronicler!*

*Sometimes, upcoming events would love to add dance, but need a Dance Master! If you would be interested, please contact Brigida d'Isenfir di Ponza. If you want to see dance at your next local event, be sure to reach out to your event steward or A&S coordinator.*

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*If you notice a mistake or inaccuracy, please contact the Chronicler at the email above.*